

How to use this guide: The most effective way to use this resource is in collaboration with your [Project 10 Regional Transition Representative](#) (RTR). RTRs are available for technical assistance via Zoom and/or phone.

Section 1 of this guide includes resources that districts and families may find helpful in both distance/remote teaching or in the classroom. There are four subsections, including the following:

- Online Student-Directed Assessments,
- Teacher-Led Printable Assessments,
- General Transition Assessment Resources and
- Additional Resources.

Online Student-Directed Assessments

1. **1-2-3 Test, Career Aptitude Test:** This free career aptitude test can provide insight into a person's job personality. Based on a characterization of the individual's personality in terms of [Holland Code personality types](#), he/she will learn what kind of work environments and occupations would be best. The results of this career test provide individuals with a list of professions and occupations that fit their career personality.
<https://www.123test.com/career-test/>.
2. **Career Index Plus** is an interactive career assessment tool, which also includes information helpful in finding career interests and employment. Free registration is required.
https://www.thecareerindex.com/dsp_intro.cfm
3. **Casey Life Skills (CLS) assessment** helps identify personal, functional, independent living and employment skills to achieve long-term goals for students ages 14-21. CLS requires free account registration and a mentor/case manager to assist the student.
 - **CLS Youth-** https://caseylifeskills.secure.force.com/clsa_learn_youth
 - **CLS Provider-** https://caseylifeskills.secure.force.com/clsa_learn_provider
4. **Goodwill Community Foundation's Assessment and Lesson Planner:** Assessments and lessons to plan a career, apply for jobs, balance work life and get the training needed for today's marketplace.
<https://edu.gcfglobal.org/en/subjects/work/>
5. **MyCareerShines** is an online planning tool is a comprehensive career planning system. With MyCareerShines, students are able to explore careers, identify personal preferences for future employment and learn about the educational requirements for specific professions.
<https://www.floridashines.org/find-a-career/plan-your-future>
6. **MyNextMove** is an interactive profiler that helps students find out what their interests are and how they relate to the world of work.
<https://www.mynextmove.org/explore/ip>
7. **Roadtrip Nation:** Free career exploration tool. Includes basic career interest inventory and suggested fields, and real-life stories of people in those fields. A more comprehensive version is available for a fee.
<https://roadtripnation.com/explore>.



Adult-Led/Printable Assessments

1. **Age-Appropriate Transition Assessment Library** from the Ohio Department of Education (General Assessments)
https://www.ohioaatalibrary.org/?page_id=103
2. **Career Family Tree Worksheet**, from Family, Career and Community Leaders of America (FCCLA), is a one-page family tree career interest survey.
http://5c2cabd466efc6790a0a-6728e7c952118b70f16620a9fc754159.r37.cf1.rackcdn.com/cms/Career.Family.Tree_3009.pdf
3. **Choicemaker Self-Determination Assessment, AIR Self-Determination Assessment & ARC Self-Determination Scale**
<http://www.ou.edu/education/centers-and-partnerships/zarrow/self-determination-assessment-tools>
4. **C.I.T.E. Learning Styles Instrument**
<https://deldhub.gacec.delaware.gov/pdf/CITE%20Learning%20Styles%20Instrument.pdf>
5. **Employability/Life Skills Assessment (ELSA)**, various age ranges and assessments for educators and parents.
https://www.ocali.org/project/tg_aata/page/elsa_documents
6. **I'm Determined Self-Determination Checklists**
https://www.imdetermined.org/?sfid=3176&_sf_s=assessment&_sft_resource_format=document
7. **Pictorial Interest Inventory** from Champlain Valley Educational Services (CVES)
https://www.cves.org/wp-content/uploads/2015/08/Pictorial_Interest_Inventory_template_SHEN.pdf

General Transition Assessment Resources

1. **Age-Appropriate Transition Assessment and Resources** from the transition Improvement Grant (TIG)
https://www.witig.org/wstidata/resources/age-appropriate-assessment-guide-revised-7-23-19-bk_1563893144.pdf
2. **Age Appropriate Transition Assessment Toolkit** from the National Technical Assistance Center on Transition (NTACT)
<https://transitionta.org/search/google/Transition%20Assessment%20Toolkit>
3. **Free Transition Assessments** from Transition Hub
<https://sites.google.com/site/transitionhub/transition-assessments/transition-assessments>
4. **Quick Book of Transition Assessments** from Ohio Center for Autism and Low-Incidence (OCALI): https://www.ocali.org/up_doc/Quickbook_of_Transition_Assessment.pdf
5. **Transition Assessment** information from Project 10 webpage.
<http://project10.info/DPage.php?ID=146>
6. **Transition Assessment Matrix** from Indiana Secondary Transition Resource Center
<https://instrc.indiana.edu/transition-resources/transition-matrix.html>



Additional Resources

1. **FloridaShines resources**
 - Provide these success worksheets to help your students thrive in the online environment:
 - [Managing Your Time](#): Creating a plan is not always easy, this worksheet will help your students learn the tips and tricks of time management.
 - [Note Taking Skills](#): Taking notes is critical, especially during a time of learning challenges. This worksheet will provide your students with all the details needed to be an effective note taker.
 - [Developing Study Skills](#): There are eight key components to studying. This worksheet will walk your students through each step and allow them to

develop those skills.

- Allow your students to begin exploring post-secondary options online.
 - Through [FloridaShines' Institution Profiles](#) students can explore Florida's 40 public colleges and universities that offer a range of degrees and experiences. Nearly all of Florida's state colleges and universities offer online degree programs in addition to their on-campus programs.
 - [Discover Degree and Certificate Programs](#) offered in the state that will allow students to prepare for life after graduation and plan for a bright future.
 - Students can learn more about themselves and make a plan for their return to school and finish strong.
 - [MyCareerShines](#) is a comprehensive education and career planning system that will help your students succeed in the increasingly competitive global economy. They will learn about themselves, discover the many options and opportunities for their future, and gain access to the information and tools to achieve their goals.
 - Encourage your students to get organized. This is a great time for them to track all their accomplishments and plan for the summer ahead.
 - Using [MyCareerShines](#) students can create a personalized e-portfolio that allows students to have one location to post social media links, resumes, contact information, a summary about themselves, list accomplishments, and much more.
2. **Improving Postsecondary Outcomes for All Students with Disabilities** from the National Technical Assistance Center on Transition (NTACT).
<https://transitionta.org/search/google/Improving%20Postsecondary%20Outcomes%20for%20All%20Students%20with%20Disabilities>
 3. **MyMoney**, from the Florida Department of Financial Services, is a financial literacy program that helps to support independence for individuals with developmental disabilities.
<https://myfloridacfo.com/mymoney/>
 4. **VIDTIONARY** (A video dictionary with a collection of short videos that defining words and concepts, such as “career”, by showing various example scenes illustrating the word’s meaning.)
<http://www.vidtionary.com>.

Curriculum, Instruction, Lesson Plans and Videos

1. **Money Smart** is a financial education program from the Federal Deposit Insurance Corporation (FDIC).
<https://www.fdic.gov/consumers/consumer/moneysmart/index.html>.
2. **Healthy Transitions** is a website that teaches skills and provides tools for care coordination, keeping a health summary and setting priorities during the transition process. It features video vignettes that demonstrate health transition skills and apps that support self-determination, decision-making and collaboration.
<https://healthytransitionsny.org/>
3. **Independent Living Skills**, a video that demonstrates how a young person is prepared to live independently (approximately 8 minutes).
<https://vimeo.com/47138900>
4. **Florida Health and Transition Services (Florida HATS)** provides resources for youth and families related to healthcare transition.
<https://www.floridahats.org/for-youth-families/>
5. **Self-Advocacy Online**, from the University of Minnesota, provides a variety of short videos related to the core components of self-determination.
<http://www.selfadvocacyonline.org/learning/>
6. **Just Adulting—Legal Survival Guide Resources**, developed by the Florida Bar, helps students to become more knowledgeable about laws affecting individuals 18 years and older.
<https://www.floridabar.org/public/consumer/consumer019/>
7. **Self-Advocacy Online**: this website has a variety of short videos regarding citizenship, community involvement, personal health and safety.
<http://www.selfadvocacyonline.org/learning/>
8. **Free online resources** for professionals, students and their families from FYI Transition. Six online modules (Manage Your Money, Manage Your Health, Community Life, Self-Employment, More Education, and Get a Job) are available for students at two different levels. Registration is required.
<https://fyitransition-students.org/>.

Additional resources available from Project 10 - <http://project10.info/DPage.php?ID=77#NS138>