

PROJECT 10 TOPICAL BRIEFS are published on a bi-monthly basis. Each issue focuses on a specific topic or theme, highlighting current and upcoming information and events related to secondary transition.

This month the Topical Brief is focused on featured resources for use in the current distance-learning environment and thoughts on lessons learned as we move forward.

*Use the green button below to share this Topical Brief with someone who would benefit from this edition.*



 Send to a Colleague

## Stories

- [We Are Not in the Same Boat, but We Are in the Same Storm](#)
- [Project 10 Webinar: Teaming Up with Teachers and District Personnel to Share Transition Information and Resources - Part 2](#)
- [Featured Resource # 1 - COVID-19 Distance-Learning Resources at Project 10](#)
- [Featured Resource # 2 - Helpful Online Transition-Related Resources](#)
- [Featured # 3 - Helpful Online Transition-Related Resources: Teaming Up with Teachers to Share Transition Resources Webinar](#)
- [Lessons with Silver Linings: What Are We Learning from the COVID-19 Teaching Challenge?](#)

• IN THIS  
ISSUE

[COVID-19 Distance Learning Resources](#)

[Upcoming Events](#)

### We Are Not in the Same Boat, but We Are in the Same Storm

Perhaps you've recently read this popular COVID-19 reflection posted on a social media site:

*I heard that we are all in the same boat, but it's not like that. We are in the same storm, but not in the same boat. Your ship could be shipwrecked, and mine might not be.*

*Or vice versa.*

*For some, quarantine is optimal. A moment of reflection, of re-connection, easy in flip-flops, with a tea or coffee. For others, this is a desperate financial and family crisis.*



*For some that live alone, they're facing endless loneliness. While for others, it is peace, rest and time with their mother, father, sons and daughters.*

*Some wish to remain quarantined and others desperately want to get back to work.*

*Some were concerned about finding their children's favorite candy for Easter, while others were concerned if there would be enough bread, milk and eggs for the weekend.*

*Some are at home spending two to three hours a day, helping their child with online schooling, while others are doing the same on top of a 10-12 hour workday...*

*...We are not in the same boat. We are going through a time when our perceptions and needs are completely different.*

*Each of us will emerge, in our own way, from this storm. It is important to see beyond what is seen at first glance. Not just looking, actually seeing.*

*We are all in different boats during this storm, experiencing a very different journey.*

*~ Unknown Author (edited for this publication)*

This reflection may remind us of the many "boats" that are represented by students and families in our state. There are many different narratives being written at this time with no two being the same. One common goal that has been evident over the past six weeks is this- there are a multitude of teachers, as well as other school and district personnel, who are doing their very best to deliver instruction to all the students in their care. Instructional strategies, delivery methods, schedules, communications, assessments, accommodations and more are being planned and crafted to meet the needs of Florida's students in a distance-learning environment.

We know that all of you are also in different boats for this COVID-19 journey. We appreciate the work you do on behalf of your students and we wish you and your family safety and wellness.

## Project 10 Webinar: Teaming Up with Teachers and District Personnel to Share Transition Information and Resources - Part 2

Project 10 will host a follow-up webinar to the initial webinar, "Teaming Up with Teachers to Share Transition Resources" on May 8 from 11:00 a.m. to 12:30 p.m. In this "Part 2" webinar, the Bureau of Exceptional Education Student Services (BEESS) Secondary Transition Specialist and the Project 10 team will review guidance and provide answers to questions that emerged during the first webinar. In addition, a Vocational Rehabilitation (VR) representative will provide information about transition-related topics. New resources for teachers will be also be shared and there will be opportunities for participants to share additional strategies that are working as well as identify on-going needs.



Register for this lively and interactive webinar by clicking [here](#).

## Featured Resource # 1- COVID-19 Distance-Learning Resources at Project 10

The true Floridian spirit of coming together to face a crisis has been abundantly evident in the way that school districts have risen to the challenge of meeting the educational needs of students in a virtual environment. Discretionary projects, agencies and organizations have also been quick to offer technical assistance, a variety of resources and a friendly place for problem-solving. Project 10 developed a webpage to share a collection of resources from state and national entities that cover a variety of topics related to transition from managing stress to managing online teaching technologies.

Navigate to Project 10's COVID-19 webpage [here](#).

Find out more information about how to navigate the Project 10 Webpage and valuable transition resources in this [short video](#) (4 minutes) with Regional Transition Representative, Federico Valadez.

[A](#) [A](#) [A](#) [A](#) [A](#)



[What's New](#)  
 [Student Engagement & Success](#)  
 [Postsecondary Education & Training](#)  
 [Employment](#)  
 [Independent Living](#)  
 [Legislation & Policy](#)  
 [Resources by Location](#)  
 [Training & Publications](#)

---

[Home](#)





**What's New**

- [COVID-19 Distance Learning Resources](#)
- [New Opportunities & Announcements](#)
- [Past Conference/Webinar Materials and Presentations](#)
- [Scholarship Opportunities](#)
- [Topical Briefs](#)
- [Upcoming Conferences and Webinars](#)

## COVID-19 Distance Learning Resources

**Resources for Teachers and Families**  
 Project 10 has developed this webpage as a way to provide a collection of resources that support teachers and families to address the educational needs of students with disabilities while learning from home. New resources will be added on an on-going basis.

**Helpful Online Transition-Related Resources**  
 Project 10 developed this list of resources to support teachers and transition stakeholders who are teaching and providing transition services to students with disabilities through distance learning methods. The core of the document is focused on five separate courses, including the following: Self-Determination, Transition Planning, Career Preparation, Career Experience and Preparation for Adult Living. The course requirements for students are described in four tables and include curriculum, instruction, lesson plans and video resources to support instructional development.

Check out our past conferences and webinars [page](#) for recordings and information from past webinars.

**Documents & Files**

Helpful Online Transition Resources



## Featured Resource # 2 - Helpful Online Transition-Related Resources

Watch this [short video](#) (5 min) with Federico Valadez, Regional Transition Representative, as he provides an overview of this resource.



### Helpful Online Transition-Related Resources

Updated 3/30/20

**How to use this guide:** The most effective way to use this resource is in collaboration with your [Project 10 Regional Transition Representative](#) (RTR). RTRs are available for technical assistance via Zoom and/or phone.

**Section 1** of this guide includes resources that districts and families may find helpful in both distance/remote teaching or in the classroom. There are four subsections, including the following:

- Online Student-Directed Assessments,
- Teacher-Led Printable Assessments,
- General Transition Assessment Resources and
- Additional Resources.

**Online Student-Directed Assessments**

- 1-2-3 Test, Career Aptitude Test:** This free career aptitude test can provide insight into a person's job personality. Based on a characterization of the individual's personality in terms of [Holland Code personality types](#), he/she will learn what kind of work environments and occupations would be best. The results of this career test provide individuals with a list of professions and occupations that fit their career personality.  
<https://www.123test.com/career-test/>



Project 10 developed a collection of resources to support the following transition-related courses:

- Self-Determination,
- Transition Planning,
- Career Preparation,
- Career Experience and
- Preparation for Adult Living

This document includes links to curriculum, videos and other resources that support the instructional objectives listed in each course and will assist teachers with lesson activities and design. Using these resources does not require students to be enrolled in the course; the objectives can be worked on individually. Additional transition resources that districts and families may find helpful in both distance/remote teaching or in the classroom include the following:

- Online Student-Directed Assessments,
- Teacher-Led Printable Assessments,
- General Transition Assessment Resources and

- Additional Resources

Find this resource [here](#).

For a deeper dive into how to use some of the listed resources, watch this [video](#) (10 minutes) for a demonstration by Federico Valadez.

## Featured Resource # 3 - Project 10's Teaming Up with Teachers to Share Transition Resources Webinar

The Webinar: Project 10 held a webinar on April 3rd to share transition resources with teachers and transition personnel. The Project 10 team reviewed the "Helpful Online Transition-Related" Resource handout described earlier and provided opportunities for webinar participants to share the strategies and resources that are working for them as well as challenges that are being addressed. The stories of the teachers and other transition personnel showed the tremendous amount of thought and effort being invested in the transition to a distance-learning model.

Notes from the webinar have been organized into a format that matches the challenges being faced with the strategies that are working. The webinar recording, PowerPoint pdf and the notes are available in the "What's New" section of the Project 10 website on the "Past Conference - Webinar Materials and Presentations" page available [here](#).

## Lessons with Silver Linings: What Are We Learning from the COVID-19 Teaching Challenge?

On a recent Florida-based webinar, an exceptional student education teacher described working online with a student and his parent. The teacher was adapting a teaching method she used in the classroom, the use of a choice board. The student was also able to adapt and respond to the choice board by pointing to his choice on the computer monitor in his home. The parent had not seen her child interacting with the teacher in such a way and remarked, "I didn't know he could do this". It was so gratifying to hear about this exchange, and it provoked some questions. Are there other positive unintended consequences of working with students and families in the virtual environment? There have been, and continue to be, many challenges in this environment of rapid change, but there are also moments of brilliance that break through and surprise us. It is critical to persevere through the lessons we are learning from both the difficulties and the triumphs. As we near the end of this unique semester, it is a good time for all of us, whatever our vantage points may be, to consider the lessons we want to take with us into a new year.



So... what are some of your silver linings? What is it about your brick and mortar classrooms that you will be ready to embrace again? What is it about your virtual classrooms that will you be reluctant to leave behind? You may want to consider lessons learned in the following areas:

- Role of digital teaching strategies in your classes
- Communication methods with students, families and colleagues
- Relationship-building with students, families and colleagues
- Role of the teacher as instructional leader
- Lesson structure and pace

- Assessment strategies
- Individual Educational Plan (IEP) meetings
- Delivery of transition services
- Graduation acknowledgement

There is so much more to think about! One thing is certain, we will all be changed by our COVID-19 experiences. As the reflection shared earlier stated, "Each of us will emerge, in our own way, from this storm. It is important to see beyond what is seen at first glance. Not just looking, actually seeing."

## COVID-19 Distance Learning Resources

### Florida Resources

#### [Access Project](#)

The "Home Resources for Families" page provides resources especially for teaching and learning of Access Points.

#### [Arkansas Department of Education - Supports for Students with Significant Cognitive Disabilities](#)

This resource is designed to support teachers and families. The lesson ideas are divided by grade-band from kindergarten through high school. The teachers and families may work together to select activities that will help meet the needs of the individual student.

#### [Center for Autism and Related Disabilities, Secondary Transition Resources](#)

The resources on this webpage address the needs of students with autism spectrum disorder (ASD) who are transition age.

#### [Florida Developmental Disabilities \(FDDC\), Stress and What You Can Do About It](#)

This full color book, developed by the Florida Developmental Disabilities Council (FDDC), guides individuals with intellectual and developmental disabilities through a graphically attractive and easy-to-read lesson in the basics of stress and stress management. Available for download in [English](#) or [Spanish](#).

#### [FDDC, Easing Your Stress: Information for Caregivers of Individuals with Developmental Disabilities](#)

This publication developed by the Florida Developmental Disabilities Council (FDDC), addresses stress and stress management for caregivers of individuals with intellectual and developmental disabilities. In its 24 pages, caregivers learn how the mind-body connection affects response to stress; how stress affects children; how other caregivers have learned to ease their stress; and how to identify approaches and resources that will work for them. Available for download in [English](#) or [Spanish](#).

#### [FDDC, My Health Care](#)

This guide was developed by the Florida Developmental Disabilities Council (FDDC) and created for educators and families to promote positive attitudes toward students with disabilities; increase respect and acceptance of individual differences; increase understanding of disabilities and related social issues; and facilitate the development of English and language arts skills through activities about disability awareness. All program materials, including instructor-training videos, may be viewed and downloaded by clicking [here](#).

#### [Florida Department of Education \(FDOE\): Free Resources for Families and Teachers](#)

This list of free resources, offered by state and federal agencies, private companies and non-profit organizations to help school districts, colleges, educators and families ensure continuity of learning during this time.

### [Florida Diagnostic & Learning Resources System \(FDLRS\) North East Florida Educational Consortium \(NEFEC\) Padlets](#)

Find a collection of relevant resources for virtual teaching/home schooling on this webpage.

### [FDLRS Virtual Webinars Recordings and Resources](#)

Identify and watch recorded FDLRS webinars on this webpage.

### [Florida Virtual School \(FLVS\) Online Learning Community](#)

FLVS provides a wide range of resources to educators and families supporting online learning for students.

### [Project 10 - The Family Guide to Secondary Transition Planning for Students with Disabilities](#)

This guide is a tool designed for families who are planning for the successful transition of students with disabilities from school to adult life. Although the guide was written for parents and families, other people involved in transition planning, such as students, teachers or agency representatives, may also find this guide to be helpful.

### [Project 10 - Predictors of Post-School Outcomes](#)

This product, designed for families, describes the 20 research-based predictors of positive post-school outcomes and provides suggested activities in which families may engage to strengthen their youth's transition to life after high school.

### [Project 10 - Transition Services Checklist](#)

This comprehensive checklist of transition services provides age-specific details about when each service should occur in the transition individual educational plan (TIEP). Use this document as a reference each time you attend an IEP meeting when your youth is turning age 14 and older.

### [Project 10, Training through Zoom and Technical Assistance \(TA\) through Zoom or by Phone](#)

Project 10 staff are available to assist you with your transition needs as you attempt to serve students with disabilities in the COVID-19 climate.

### [Resource Materials and Technology Center for the Deaf/Hard of Hearing \(RMTC-D/HH\)](#)

RMTC-D/HH plans and works collaboratively with school districts statewide and other discretionary projects to ensure accessibility and pedagogical needs of all students with sensory loss are met through the creation and dissemination of resources, materials, and information regarding effective practices, programs, and services.

### [Tips for Families in Supporting Their Children with Disabilities in Virtual Formats](#)

Florida Inclusion Network (FIN) has developed this Tip Sheet to assist families of students with disabilities in working with their children using a virtual format.

## **National Resources**

### [Amazing Educational Resources](#)

This large repository includes free resources and resources at a cost. With a large selection of resources, it can be a challenge to pinpoint the items you need. The resource does not have a search or filter feature, but you can use "Control + F" to use the "Find" feature.

### [Association of People Supporting Employment First \(APSE\), Strategies for Providing Remote Employment Supports \(recorded webinar\)](#)

This webinar gives guidance about how job coaches can use virtual technology to support their clients.

### [Audible](#)

These audio books are free while schools are closed. Students everywhere can instantly stream an expansive collection of stories, including titles across six different languages.

### [CareerOneStop - Careers Video Collection](#)

This video collection is organized by 16 career clusters. The videos assist individuals to learn about the work setting, work tasks and education needed for employment.

### [Charting the LifeCourse](#)

The LifeCourse framework focuses on life stages and the impact of transitions, events and experiences across an individual's lifespan. The resources were developed to help families understand the importance of focusing on life experiences across the lifespan. Ultimately, these resources provide support to all as they exercise their right to live, love, work and play.

### [CEC, Resources for Teaching Remotely](#)

This webpage supports exceptional student education (ESE) professionals and the ongoing efforts to apply good teaching practices remotely.

### [LibriVox](#)

This is a free resource that hosts public domain audiobooks. One can download an entire book or listen chapter by chapter online. All of the readers are volunteers, so reading quality varies.

### [National Technical Assistance Center on Transition \(NTACT\), Transition Resources during COVID-19 Outbreak](#)

This webpage hosts resources from the U.S. Department of Education and other relevant federal agencies. The NTACT recorded webinar, "Providing Transition-Focused Activities Online and at Home", provides families and professionals with tips and resources to support the continued learning and skill development of transition age students during the COVID-19 restrictions.

### [Ted-Ed](#)

This website supports the many students, parents and teachers affected by the COVID-19 pandemic. TED-Ed is working with expert educators and TED speakers throughout the world to create and share free high-quality, interactive, video-based lessons on a daily basis.

### [Texas Sensory Support Network - Virtual Activities for Teachers and Families COVID-19](#)

This comprehensive webpage has a menu of tabs that link to a variety of resources for use by teachers and families.

## Upcoming Events

### Family Café

Due to the COVID-19 Virus, The 22nd Annual Family Café will now be a virtual event in June. There will be about 20 sessions online over the course of two weeks in the first part of June. Stay tuned for details about the agenda and content for that online event! Click [here](#) for updates.



## Florida Association of MIS (FAMIS)

The 2020 FAMIS Conference is now Virtual!

Dates: June 29-30, 2020

Click [here](#) to register for the event.

Click [here](#) to view the agenda.

## Upcoming Webinars

### Project 10 Webinar: Teaming Up with Teachers and District Personnel to Share Transition Information and Resources - Part 2

Project 10 will host a follow-up webinar to the initial webinar, "Teaming Up with Teachers to Share Transition Resources". In this "Part 2" webinar, the Bureau of Exceptional Education Student Services (BEES) Secondary Transition Specialist and the Project 10 team will review guidance and provide answers to questions that emerged during the first webinar. In addition, a Vocational Rehabilitation (VR) representative will provide information about transition-related topics. New resources for teachers will be also be shared and there will be opportunities for participants to share additional strategies that are working as well as identify on-going needs.

**Date/Time:** May 8, 2020 11:00 a.m.

Click [here](#) to register.



Check out Project 10's past conferences and webinars [page](#) for recordings and information from past webinars.

### Florida Diagnostic and Learning Resources System (FLDRS) Parent Webinar: Social Tales Series - Part 2

FLDRS is providing a webinar series for parent(s) and guardian(s) to learn more about social tales. This webinar will explore the world of social tales describing what social stories are and how to utilize them. Part 2 builds upon the information shared at Part 1.

**Date:** May 12, 2020

Click [here](#) to register for the 10 a.m. EST time slot.

Click [here](#) to register for the 7 p.m. EST time slot.

### **An Introduction to Fidelity in Discovery and Customized Job Development**

How do we know that powerful tools such as Discovery and Customized Job Development are truly embedded in services, funding and outcomes? Join this webinar for an introduction to two separate fidelity instruments being used across the country to measure and evaluate these efforts. The presentation will focus on understanding the basic principles of fidelity, as well as information on implementation efforts at the state and local levels.

**Date/Time:** May 27, 2020 2:00 p.m. EST

Click [here](#) to register.

### **Florida Center for Inclusive Communities (FCIC) 2020 Employment Series**

Join us on the third Wednesday of each month for an opportunity to participate in a series of webinars geared to build capacity on an array of employment-related topics.

Click [here](#) to join the webinars below.

May 20: Celebrating Exceptional Employers

June 17: Emergency Management/Preparedness

September 16: Successful Transition from School to Employment.

## Think College Webinar: Tools to Help Manage Daily Life for College Students with Intellectual Disabilities

Heading off to college brings excitement as well as new challenges for students and their families. In this webinar, PACER's Simon Technology Center specialists will discuss tools to support students with intellectual disabilities as they learn to navigate the college campus and college life. Demonstrations will include mobile apps to help students manage their time, schedule, money and social connections.

**Date/Time:** June 18, 2020 3:00 p.m. EST

Click [here](#) to register.



### [Join Our Mailing List](#)

#### **About Project 10 Topical Briefs:**

Project 10 Topical Briefs provide informational summaries and resource links related to secondary transition.

**Have a question? Want to find or recommend a resource? Have some great news to share?**

Email us at [project10@stpete.usf.edu](mailto:project10@stpete.usf.edu).

For back issues of Project 10 Topical Briefs, visit our [Topical Briefs](#) page on the [Project 10](#) website.

#### **Project 10: Transition Education Network**

Assists Florida school districts and relevant stakeholders in building capacity to provide secondary transition services to students with disabilities in order to improve their academic success and post-school outcomes.

**Project 10: Transition Education Network**  
**University of South Florida St. Petersburg**

Questions or comments?

Email us at [project10@stpete.usf.edu](mailto:project10@stpete.usf.edu).

[www.project10.info](http://www.project10.info)