



Health Care Transition



Project 10 Topical Briefs are published on a monthly basis during the school year. Each issue focuses on a specific topic or theme. This month the Topical Brief is focused on Health Care and Transition.

Health Care Transition

Originally defined in 1993 by the Society for Adolescent Medicine, health care transition is "... the purposeful, planned movement of adolescents and young adults with chronic physical and medical conditions from child-centered to adult-oriented health-care systems (Blum, Garell, Hodgman, Jorissen, Okinow, Orr, & Slap, p. 570).

As reminded by the 2002 Consensus Statement on Health Care Transitions for Young Adults with Special Health Care Needs:

- Transitions are part of normal, healthy development and occur across the life span.
- Transition in health care for young adults with special health care needs is a dynamic, lifelong process that seeks to meet their individual needs as they move from childhood to adulthood.
- The goal is to maximize lifelong functioning and potential through the provision of high-quality, developmentally appropriate health care services that continue uninterrupted as the individual moves from adolescence to adulthood.

(American Academy of Pediatrics, American Academy of Family Physicians, & American College of Physicians-American Society of Internal Medicine, 2002, p. 1304).

While the transition from adolescence to adulthood is a challenging time, it poses an even greater challenge for our youth with disabilities and chronic health issues. Careful

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Resources

The LEAD Center's Policy Update - Employment, Health Care and Disability is a monthly update focusing on the intersection of disability, employment and health care policy. www.leadcenter.org
Click [here](#) for direct link to publication.

Standards for Systems of Care for Children and Youth with Special Health Care Needs is an important new report presents the first-ever national consensus standards for improving systems of care for children with special health care needs. www.lpfch-cshcn.org/
Click [here](#) for direct link to publication.

Just the Facts: The 411 on Health Insurance for Young Adults Ages 18-30 in Florida is guide for young adults seeking information and resources on health insurance. www.Floridahats.org
Click [here](#) for direct link to publication.

planning during the Individual Educational Plan (IEP) and connecting youth and families with information and resources can lead to a smoother transition process and uninterrupted health care (Rosen, Blum, Britto, Sawyer, & Siegel, 2003).

This month's brief is designed to provide readers with information and resources to assist in the IEP transition health care planning process.

Florida Health and Transition Services (HATS)

FloridaHATS is a collaborative initiative of the Florida Department of Health, Children's Medical Services Network, Florida Developmental Disabilities Council, and other partners throughout the state. Their mission is to ensure successful transition from pediatric to adult health care for all youth and young adults in Florida, including those with disabilities, chronic health conditions or other special health care needs. Their vision is that all youth in Florida will successfully transition to every aspect of adult life, including adult health care, work, and independence.

FloridaHATS provides an Internet-based searchable health services directory for young adults and a healthcare transition tool box for families and professionals, including education and training for professionals, decision-making and guardianship, and Juvenile Justice. Also available under What's New are recent presentations on "The Role of Schools in Health Care Transition" and "10 Steps to Successful Health Care Transition."

To access these resources and more, visit <http://www.floridahats.org/>



The Health Care Transition Initiative at the University of Florida

The mission of the Health Care Transition Initiative at the University of Florida is to increase awareness of, gain knowledge about, and promote cooperative efforts to improve the process transitioning from child-centered (pediatric) to adult oriented health care. Their vision is to improve the transition process for all adolescents and young adults, although their current efforts focus on those with disabilities and special health care needs.

The Health Care Transition Initiative provides a variety of resources on their website (<http://hctransitions.ichp.ufl.edu/>), including:

- Health Care Transition Planning Guides (Ages 12-18+)
- Now That You're in High School It's Time to Be More in Charge of Your Health
- When You're 18 You ARE in Charge of Your Health
- Envisioning My Future: A Young Person's Guide to Health Care Transition
- Talking with Your Doctor and Other Healthcare Providers website with tips, strategies, and videos for youth (<http://hctransitions.ichp.ufl.edu/gladd/>)

Health Care Transitions



Got Transition: Center for Health care Transition Improvement

At the national level, Got Transition, Center for Health Care Transition Improvement, is dedicated to improving health care transition supports for youth moving into the adult health care system. They recently provided the "Six Core Elements of Health Care Transition 2.0," designed to guide medical professionals to assist youth in the transition to adult-centered care (<http://www.gottransition.org/6-core-elements>).

Most helpful are the Youth and Families Resources, which include a series of videos available on YouTube. Topics include legal/financial, residential, vocational, and



Transition Planning for Students with Chronic Health Conditions Position Statement of the National Association of School Nurses (NASN) provides information helpful to school nurses and other professionals involved in planning transition for youth with health issues.

www.nasn.org

Click [here](#) for direct link to publication.

The Advancing Health Care Transition: Multi-Stakeholder Roundtable Report summarizes the summer 2012 discussions (sponsored by the HSC Foundation, in partnership with Physician-Parent Caregivers and the Institute for Educational Leadership).

www.ncwd-youth.info

Click [here](#) for direct link to publication.

Young Invincibles is offering a mobile app to help young people find health care options and local services. The app includes "Find a Doctor" and "Healthcare FAQ" sections.

<http://younginvincibles.org/>

Transition's Missing Link: Health Care Transition, an NCWD/Youth Policy Brief, identifies policy strategies for improving health care transition for youth with chronic conditions and disabilities.

<http://www.ncwd-youth.info/policy-brief-05>

Project 10 Website Updates



The following items were recently updated or added to the Project 10 website (<http://www.project10.info>)

Project 10 Topical Briefs

- Added March 2014 Topical Brief on the Regional Institute
- Added Special Edition VISIONS/NSTTAC Institute Topical Brief

Conference Proceedings

- Added NSTTAC Team Leader Preparation webinar recording

Side-by-Side Version
Six Core Elements of Health Care Transition 2.0

The Six Core Elements of Health Care Transition 2.0 are intended for use by pediatric, family medicine, medical, and behavioral medicine practitioners to assist young adults as they transition to self-directed care. They are aligned with the IAPAC/ACAP Clinical Report on Transition. Guidelines and resources are available for quality improvement purposes at www.GotTransition.org.

Transitioning Youth to Adult Health Care Providers (Pediatric, Family Medicine, and Behavioral Medicine)	Transitioning to an Adult Approach to Health Care Without Changing Providers (Child, Adolescent, and Adult Medicine)	Empowering Young Adults into Adult Health Care (Behavioral Medicine, Child, Adolescent, and Adult Medicine)
<p>1. Transition Policy</p> <p>Establish a clear, written policy that defines the role and responsibilities of pediatric, family medicine, and behavioral medicine practitioners in the transition process. This policy should be developed in collaboration with youth and their families and should be reviewed and updated regularly.</p> <p>2. Transition Training and Monitoring</p> <p>Ensure that all providers involved in the transition process receive appropriate training and ongoing monitoring to ensure they are up-to-date on the latest best practices and research.</p> <p>3. Transition Resources</p> <p>Ensure that all providers have access to the necessary resources and information to support the transition process, including legal, financial, and social support services.</p>	<p>1. Transition Policy</p> <p>Establish a clear, written policy that defines the role and responsibilities of adult medicine practitioners in the transition process. This policy should be developed in collaboration with youth and their families and should be reviewed and updated regularly.</p> <p>2. Transition Training and Monitoring</p> <p>Ensure that all providers involved in the transition process receive appropriate training and ongoing monitoring to ensure they are up-to-date on the latest best practices and research.</p> <p>3. Transition Resources</p> <p>Ensure that all providers have access to the necessary resources and information to support the transition process, including legal, financial, and social support services.</p>	<p>1. Young Adult Transition and Care Policy</p> <p>Establish a clear, written policy that defines the role and responsibilities of young adults in the transition process. This policy should be developed in collaboration with youth and their families and should be reviewed and updated regularly.</p> <p>2. Young Adult Training and Monitoring</p> <p>Ensure that all young adults involved in the transition process receive appropriate training and ongoing monitoring to ensure they are up-to-date on the latest best practices and research.</p> <p>3. Young Adult Resources</p> <p>Ensure that all young adults have access to the necessary resources and information to support the transition process, including legal, financial, and social support services.</p>

medical self-management (<http://www.gottransition.org/youth-resource/>).



(Click on the image to view in a new window)

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VISIONS XXI/NSTTAC Institute Conference Presentations

The institute, sponsored by the Florida Division on Career Development and Transition (FDCDT), was held on April 30 to May 2, 2014 at the Bonaventure Resort and Spa in Weston, Florida. FDCDT and the National Secondary Transition Technical Assistance Center (NSTTAC) collaborated again this year to provide team planning time for districts seeking to improve performance on the transition-related indicators.

The FDCDT VISIONS/NSTTAC Institute conference proceedings are available on the Project 10 website.

Click [here](#) for the direct link.



Upcoming Events

The National Secondary Transition Technical Assistance Center (NSTTAC) will host a webinar targeted to those interested in learning about **Florida's Orange County Public School (OCPS) Transition Services' program** on continuum of placements that help students with disabilities transition successfully from school to careers.

Florida's OCPS will present on a continuum of placement options that help students with disabilities transition successfully from school to careers. Students have several diploma options that encompass college preparatory and career preparatory tracks. Transition Services provides the necessary supports to students on both tracks through community and business partnerships.

Wednesday, May 28, 2014 at 3:00 p.m. (EDT)

To access the webinar, go to <http://tadnet.adobeconnect.com/nsttac2/> and join the webinar as a guest

Dial 1-877-512-6886 Enter Conference ID # 3537512595

This will serve as a follow up to the initial webinar on May 21st and will focus on the logistics and technical details of the continuum. This is a great time to ask questions regarding community collaboration and business partners, course credit, documentation, transportation, liability, scheduling, etc.

If you have any questions regarding the content or logistics of the webinar, please contact

Joanne Nicholls, joanne.nicholls@wmich.edu, or Jennifer Coyle, jennifer.coyle@wmich.edu.

About Project 10 Topical Briefs

Project 10 Topical Briefs provide short information summaries and resource links related to secondary transition.

Have a question? Want to find or recommend a resource? Have some great news to share?

Send us an email at project10@stpete.usf.edu
and we'll take it from there!

For back issues of Project 10 Topical Briefs, visit the newsletter page on the Project 10 website at <http://www.project10.info/Newsletter.php>.

Project 10: Transition Education Network assists Florida school districts and relevant stakeholders in building capacity to provide secondary transition services to students with disabilities in order to improve their academic success and post-school outcomes.

Project 10: Transition Education Network
University of South Florida St. Petersburg

Questions or comments?
Email us at
project10@stpete.usf.edu
www.Project10.info

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